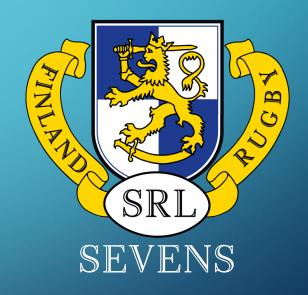
# DOMESTIC 7S

2023

SUOMEN RUGBYLIITTO









### FEEDBACK FROM CLUBS 2021-2022

- Winter 7s season should be ideally from January to April
- Should not have any interfering dates with any of the NT's (not just 7s)
- Regional system didn't help in preparation for the finals system
  - Level change was too drastic
- Integrated tournaments worked well (Men & women combined)
- Centralised budgeting was widely welcomed
- Limiting the games to 3-4 games/tournament was the right call to make

# FEEDBACK FROM THE NTS / DOMESTIC WOMEN'S 7S COORDINATOR

- Women's 7s had too many tournaments considering the amount of players
- Women's working load was too high during the spring
  - Many NT players opted to stay out of the domestic competition to manage the load
- 2-3 tournaments max (for women)!

## MODEL FOR MEN'S COMP IN 2023 & 2024



"World series model"

- 3 integrated championship tournaments
  - January April, 1 tournament/month
- Teams invited based on past year's success
  - Other teams welcomed to fill in the gaps where needed
- Challenge cup tournament held at the final tournament
  - Winner is invited to championship for 2024

### CHAMPIONSHIP TOURNAMENTS

#### MEN'S SM

- 8 teams (based on last year's interest)
- Division into 2 pools (A&B)
  - Division based on rankings on each tournament
- 3 pool games / team + final game vs matched pool contestant (e.g. A#1 vs B#1)
- 4 games in total / tournament
- Points from tournament placings: most points gathered = winner of SM

#### **WOMEN'S SM**

- 6 teams (based on last year's interest)
- Division into 2 pools (A&B)
  - Division based on rankings on each tournament
- 2 pool games / team + semifinal + ranking final
- 3-4 games in total / tournament
- Points from tournament placings: most points gathered = winner of SM

## SCHEDULE FOR 2023

|  | 21st of<br>January | 25 <sup>th</sup> of February | March    | 1 <sup>st</sup> or 2 <sup>nd</sup> of April |
|--|--------------------|------------------------------|----------|---|
| Men's SM                               | Lahti 7s           | Järvenpää 7s                 | (backup) | Valkeakoski 7s                              |
| Women's SM                             |                    | Järvenpää 7s                 | (backup) | Valkeakoski 7s                              |
| Social<br>tournaments<br>(development) | Lahti 7s           |                              |          | Valkeakoski 7s                              |

Lahti Sisu, Helsinki RC and Tampere RC have indicated their interest to host 7s tournaments annually. Any team can host a social tournament. SRL will look to help with the organising.

## COSTS FOR TEAM PARTICIPATION IN 2023

- Men's championship
  - Full season (3 tournaments): 600€
  - Single tournament: 280€
- Women's championship
  - Full season (2 tournaments): 400€
  - Single tournament: 280€
- Social tournaments / Challenge cup tournament
  - Single tournament fee only: 220€

# ALL TEAMS ARE WARMLY WELCOMED TO REGISTER FOR PARTICIPATION

Teams will be given places in the championship based on last years success

Efforts will be made to include every single team wanting to join the/a competition